



- The Transformation Playground -

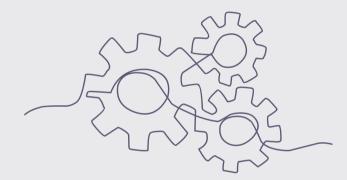
# LEADER AS A COACH

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### **ABOUT THE PROGRAM**

It's an absolute privilege to be in a leadership role, but an even greater privilege when we have the opportunity to coach others to success.

This powerful Leader As A Coach program has been designed to assist leaders to become exceptional everyday workplace coaches who know how to motivate, inspire, and bring out the best in their staff. The learning outcomes are practical and can be applied back into your workplace immediately, by learning how to:







**Deliver quality** one-on-one coaching sessions Leverage strengths to increase staff potential

Coach yourself to progress your own leadership skills

The program is delivered either virtually or face-to-face over 2 x consecutive days





Use emotional intelligence to build rapport

Take your communication skills to the next level

(3 hours each)

#### Session One

- The standards of presence
- Who is coachable
- The difference between coaching, mentoring and counselling
- The foundation process to connect with core values, natural gifts and talents and life purpose
- The Iceberg Principle

(3 hours each)

#### Session Two

- The coaching process
- The Wheel of Life
- Structure of coaching
- Listening
- Questioning
- Practice Sessions



(3 hours each)

#### Session Three

- How to close the coaching session
- The Coaching Competencies
- The coaching toolkit
- Recording and feedback





(3 hours each)

### Session Four

- Practice Sessions
- Group Coaching
- Using Lego as a coaching tool
- Recording and feedback





## **MEASUREMENT TECHNIQUE**

Would you like to measure the effectiveness of the program? We will do it for you. A quantitative survey of coaches to understand whether the coaching they have received has led to any or all of the following outcomes:



**Higher Engagement Levels** 



Improved Learning

Qualitative semi structured interviews with coaches (managers) to understand:

What motivates them to coach/ impedes coaching

What are the benefits of coaching from their perspective

What organization support is needed to further the coaching as a culture



### Improved Leadership Effectiveness

What are the advantages/ disadvantages of coaching vs other forms of development





Transformation through #SeriousPlay™







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