



2022

Virtual Leadership Program

# Leader As A Coach

The ability to hear what isn't being said!

## **About The Program**

It's an absolute privilege to be in a leadership role, but an even greater privilege when we have the opportunity to coach others to success.

This powerful Leader As A Coach program, has been designed to assist leaders to become exceptional everyday workplace coaches who know how to motivate, inspire and bring out the best in their staff.

The learning outcomes are practical and can be applied back into your workplace immediately, by learning how to:

- Deliver quality one-on-one coaching sessions
- Leverage strengths to increase staff potential
- Develop mindsets that enable growth
- Coach yourself to progress your own leadership skills
- Use emotional intelligence to build rapport
- Take your communication skills to the next level

The program is delivered either virtually or face-to-face over 2 x consecutive days.



Great Leaders are also great coaches.

## **Program Sessions** (3 hours each)

#### Session One

- The Standards Of Presence
- Who Is Coachable
- The Difference Between Coaching, Mentoring And Counselling
- The Foundation Process To Connect With Core Values, Natural Gifts And Talents And Life Purpose
- The Iceberg Principle

### Session Three

- How To Close The Coaching Session
- The Coaching Competencies
- The Coaching Toolkit
- Recording And Feedback

#### Session Two

- The Coaching Process
- The Wheel Of Life
- Structure Of Coaching
- Listening
- Questioning
- Practice Sessions

#### Session Four

- Practice Sessions
- Group Coaching
- Using Lego As A Coaching Tool
- Recording And Feedback



## **Measurement Technique**



# Would you like to measure the effectiveness of the program?

We will do it for you.

A quantitative survey of coachees to understand whether the coaching they have received has led to any or all of the following outcomes:

- Higher engagement levels
- Improved learning
- Improved leadership effectiveness

Qualitative semi structured interviews with coaches (managers) to understand:

- What motivates them to coach/impedes coaching
- What are the benefits of coaching from their perspective
- What organization support is needed to further the coaching as a culture
- What are the advantages/ disadvantages of coaching vs other forms of development

# Thank You

# Contact Us



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