



EXECUTIVE PRESENCE

Empower and Expand your career potential by cultivating your executive presence

Flagship Program 2022

**Jasmine's
Playadiem**
- The Transformation Playground -

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**When you truly stand
for what you believe
and hold the space
with Confidence and
Conviction; nothing
else matters.**

- Jasmine Suri





Objectives



Understand and integrate the nuts and bolts of Executive Presence



Touch base with personal blind spots



Create an action plan to bridge the gap



Engage in giving and receiving constructive feedback

Executive Presence Model

In this informative, engaging, and interactive seminar, participants learn how to become more influential leaders, deliver compelling and persuasive messages, have more productive conversations, increase the contributions they make to their organizations, and advance their careers.



My Core Being

- Values, Beliefs, and Perceptions
- Emotions and Expression



What am I Doing

- Interaction and Rapport
- Presence and Flexibility

Methodology



Theatre and body work



Facilitator speak



NLP



Group work



Pair share



Psycho drama



Coaching

Key Learnings



To understand the different nuances of Executive Presence



To connect, influence, and create an impact using body, voice, and content



To connect with all nine human emotions and use them effectively



To deep dive, explore self, and connect

Executive Presence

Designed to improve understanding and projection of Executive Presence



Content	Methodology	Key Learning
Sociometry questions (Warm up)	Psychodrama	Break ice and build connect
Content setting exercise	Psychodrama	Touch base with current reality
Values, beliefs perceptions	Facilitator speak NLP	Touch base with core
Navrasa	Deep dive theatre exercise	Help participants understand their relationship with emotions and expression
Interaction, rapport and listening	Pair share Fist exercise Facilitator speak	Helps build relationship and connect
Flexibility and Presence	Drill and stories	Breaks the comfort zone and build confidence



We at Jasmine Playadiem stand for individual change. We are of the firm belief, that for any shift to happen at the organization level it's imperative that each individual takes responsibility.

Contact Us



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